



Home Activities

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Measure places and items around your home, using a ruler, tape measure, or your bodies. How many steps from the bed to the door? How long and tall is the window? How many arm lengths is the doorway? What in your house is the exact same size as your child?

Make a fort or obstacle course out of pillows and blankets. Draw a sketch before you begin building and talk through problems you solve along the way.

Safely explore the tools in your family's toolbox. Talk about how each is used and practice safely holding them together. Match it up to places in your home that might use that tool.

Look for patterns in your home, such as on area rugs, pillows, or decorations. Talk through the patterns together, then make up and act out whole body patterns.

Gather 4-5 items from different rooms of your home. Ask your child to identify which room each object came from. Play a memory game by removing one object and asking them to tell you which is missing. As an added challenge, use more and/or different objects or remove more than one at a time.

Gather a variety of small objects, such as coins, toy cars, crumpled paper, feathers, etc.. Roll these small objects to figure out what will or will not roll and why. Experiment in different places: on a hard floor, over a pillow, and down a slope. For an added challenge, cut paper towel tubes in half lengthwise to create a ramp.

Gather recycled materials, such as paper towel tubes, newspaper, and cardboard boxes. Build the tallest tower you can. If it falls, work together to make it stronger and try again.

Build a tower with your snack foods, such as cheese cubes, cereal, or pretzel rods. Talk about what made it difficult to build big.

Name the various colors on the walls of your home. Discuss them and why you made (or didn't make) those design choices. Then, change up the design: work together to move around pillows and chairs or hang drawings and decorations on the walls.

Consider the choices made by the architect of your home. Each family member draws their dream home, then share your drawings with each other.

